

# MENU



## ALL DAY BREAKFAST

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### TOASTIES <sup>(GFO)</sup> 11.90

Poached chicken, avocado spread & baby spinach toasted on sourdough

Double smoked ham, swiss cheese & fresh tomato toasted on sourdough

Bocconcini cheese, crumbed eggplant & pesto spread toasted on sourdough

### EGGS YOUR WAY <sup>(V)</sup> 13.50

Two eggs cooked your way (poached, fried or scrambled) on sourdough toast

+ Add bacon 4.00

### BREAKFAST CHORIZO BURGER 18.90

Fried egg, bacon, chorizo, cheese, caramelised onions, BBQ & aioli sauce on a milk bun served with potato gems

### RAISIN BREAD WITH FRUITY RICOTTA TOPPING <sup>(N)</sup> 16.00

Toasted raisin bread with whipped ricotta & honey spread sprinkled with cinnamon served with fresh strawberries & slivered almonds

### SMASHED AVOCADO STACK <sup>(V)</sup> <sup>(N)</sup> <sup>(GFO)</sup> 18.90

Sourdough toast topped with smashed avocado, cherry tomatoes, fetta, drizzled with balsamic glaze, pistachio dukkah, roasted beetroot hommus spread & a poached egg

### BACON & EGG ROLL 10.90

Two fried eggs, bacon & BBQ sauce on a Turkish roll

### LUNDEN HOUSE BREAKFAST PLATE 24.90

Two eggs cooked your way, grilled bacon, beef chipolatas, sautéed mushrooms, baby spinach, grilled tomato, potato gems, grilled halloumi with a slice of sourdough toast

## SOMETHING SWEET ALL DAY

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### ACAI BOWL <sup>(VG)</sup> <sup>(N)</sup> 21.90

Blended acai with coconut water & served with berries, banana, peanut butter, chia seeds, shredded coconut & granola

### GRANOLA BOWL <sup>(N)</sup> 18.00

Yoghurt panna cotta topped with berries, honey & granola

<sup>(V)</sup> VEGETARIAN   <sup>(VG)</sup> VEGAN   <sup>(N)</sup> CONTAINS NUTS

<sup>(GF)</sup> GLUTEN FREE   <sup>(GFO)</sup> GLUTEN FREE OPTIONS   <sup>(S)</sup> SPICY

## KIDS BREAKFAST *(Under 10 years old)*

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### KIDS TOASTIE 7.00

Toasted on white bread with leg ham & tasty cheese

### KIDS BACON & EGG ROLL 8.00

Fried egg & bacon with tomato sauce on a milk bun

### KIDS MINI BREAKIE 12.90

Eggs your way fried or scrambled eggs, bacon, potato gems with buttered white toast & tomato sauce

## KIDS LUNCH *(Under 10 years old)*

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### HOUSE MADE CRUMBED CHICKEN TENDERS 14.00

Served with chips & a side of tomato or BBQ sauce

## LUNCH *(Available from 11:30am)*

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### HOUSE MADE MEATBALLS 17.00

House made meatballs served with Napoletana sauce, grated parmesan cheese & homestyle bread

### TRADITIONAL HOUSE MADE ARANCINI <sup>(V)</sup> 18.00

Your choice of two homemade arancini (ragu OR mozzarella) served with Napolitana sauce & parmesan cheese

### GRILLED BARRAMUNDI FILLET 20.00

Crispy skin barramundi, grilled & served with baby spinach, lentils, fresh beetroot, red onion & crumbed fetta dressing with a lemon vinaigrette

### LUNDEN HOUSE FRESH SALAD <sup>(V)</sup> <sup>(N)</sup> <sup>(VG)</sup> <sup>(GF)</sup> 18.00

Roasted butternut pumpkin & spicy cauliflower salad with kale, quinoa, lentils, radicchio, pepitas seeds with a tahini dressing

+ Add grilled halloumi

## BURGERS *(All burgers served with potato chips)*

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### CLASSIC BEEF BURGER 18.00

American cheddar cheese, iceberg lettuce, fresh tomato, Westmont pickles, onions with smoky BBQ sauce served on a toasted milk bun

+ Add bacon 2.00

+ Add fried egg 2.00

### PERI PERI CHICKEN BURGER <sup>(S)</sup> 18.00

Grilled chicken tenderloins with smashed avocado, apple coleslaw, American cheese & spicy peri peri aioli served on a toasted milk bun

## SIDES / EXTRAS

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### SIDES

Fries, seasoned & served with aioli 9.00

# DRINKS



## HOT DRINKS

	SML	LGE	JUMBO
<b>COFFEE</b>	4.50	5.00	6.00
Cappuccino   Latte   Long Black   Mocha Hot Chocolate   Chai Latte   Espresso   Macchiato   Piccolo			
<b>MILKS</b>			0.50
Skim   Soy   Almond   Lactose Free   Oat Milk Extra Shot   Decaf			
<b>SYRUPS</b>			0.50
Vanilla   Caramel   Hazelnut			
<b>BABYCCINO</b>			2.50
<b>TEA – ORGANIC LOOSE LEAF TEA</b>			6.00
English Breakfast   Pure Peppermint   Green Tea The Wild Earl Grey   Happiness			
<b>BELGIAN HOT CHOCOLATE</b>			6.50
Milk Chocolate			
<b>BELGIAN MOCHA</b>			7.00
Milk Mocha			

## ICED COLD DRINKS

<b>ICED COFFEE</b>	9.90
Double espresso, ice cream, milk & whipped cream	
<b>ICED CHOCOLATE</b>	9.90
Ice cream, chocolate syrup, milk & whipped cream	
<b>ICED LONG BLACK</b>	9.90
Double espresso, ice, & cold water	
<b>ICED CHAI</b>	9.90
Chai syrup, ice, blended ice cream topped with whipped cream & cinnamon	

## SMOOTHIES

All blended with ice & milk	
<b>BERRY BLAST</b>	9.90
Strawberries, raspberries, blueberries & berry sorbet	
<b>MANGO MAGIC</b>	9.90
Mango chunks & mango sorbet	
<b>BANANA BLISS</b>	9.90
Fresh banana with vanilla ice cream & honey	
<b>TROPICANA</b>	9.90
Fresh banana, fresh pineapple, passionfruit & mango sorbet	
<b>AWESOME ACAI</b>	12.90
Acai, berries, banana, coconut water, blended & topped with granola & fruit	

## SOFT DRINKS

<b>COKE   COKE ZERO   SPRITE</b>	4.50
<b>LEMON LIME &amp; BITTERS</b>	4.00
<b>SPARKLING MINERAL WATER</b>	4.50

## FRUIT FRAPPÉS

All blended with ice & coconut water	
<b>TROPICAL PARADISE</b>	10.90
Fresh pineapple, passionfruit, orange, mango sorbet & coconut water	
<b>WATERMELON CRUSH</b>	10.90
Fresh watermelon, pineapple & mint	

## FRESH PRESSED JUICES

	MED	LGE
From the Juice Bar		
<b>STRAIGHT ORANGE</b>	8.90	9.90
<b>STRAIGHT APPLE</b>	8.90	9.90
<b>SUMMER BREEZE</b>	8.90	9.90
Watermelon, apple, orange, pineapple		
<b>DETOX</b>	8.90	9.90
Celery, apple, ginger, lemon		
<b>MEAN GREEN</b>	8.90	9.90
Apple, kale, mint, pineapple, cucumber, lemon		
<b>IMMUNE BOOSTER</b>	8.90	9.90
Carrot, beetroot, orange, ginger, apple		
<b>LUDDENHAM BEST</b>	8.90	9.90
Pineapple, orange, apple, lemon, passionfruit		
<b>FEEL GOOD</b>	8.90	9.90
Orange, carrot, apple & ginger		

## MILKSHAKES

	MED	LGE
<b>FLAVOURS</b>	8.00	9.00
Chocolate   Vanilla   Caramel Strawberry   Banana		
<b>OREO THICKSHAKE</b>	10.90	11.90
Oeros, milk & ice cream, blended, topped with whipped cream		
<b>NUTELLA THICKSHAKE</b>	10.90	11.90
Nutella, milk & ice cream, blended, topped with whipped cream		
<b>CLASSIC THICK SHAKES</b>	10.90	11.90
Blended with Chocolate, Caramel, Strawberry, Vanilla or Banana with Ice-Cream & Milk		

## PROTEIN SHAKES

All blended with skim milk & ice OR your choice of coconut water	
<b>BEE STINGZ</b>	11.00
Banana, honey, vanilla protein	
<b>PEANUT BUTTER CUP</b>	11.00
Peanut butter, chocolate protein	

Corkage \$2.50 per person

